

# Shopping List



All sponsors are expected to adhere to the following guidelines:

- Call before you shop. Make a note of preferences/allergies/dietary restrictions etc. on this shopping list.
- You may also give gift cards for food/gifts.
- Ensure that all gifts are new and unopened. Feel free to wrap the gifts

## **Budget for Sponsorship for Seniors: \$200 to 400 (including food and gifts for upto 2 persons )**

Name and contact number of the matched individual:

Gender: Dietary Restrictions:

Preferred gift type: Clothing/ winter accessories/ slippers/ blanket

We suggest a small present of approx. \$30 per person

### Christmas Meal

Please pick the following items (unless otherwise specified by the contact person). Feel free to include bonus treats (chocolate/coffee) if it reasonably suits your budget.

ITEM NAME	SUGGESTED QUANTITY	NOTES
Milk	2L	
Eggs	2 dozen	
Bacon or sausage	upto 400g	
Turkey/Ham/Roast	upto 3kg	
Butter	1 brick (400g)	
Gravy mix/can	2 units	
Stuffing mix	1 unit	
Cranberry sauce	1 can	
Pancake mix	upto 1 kg	
Syrup	upto 500 ml	
Fruit juice/pop	upto 2L	
Fresh fruit	upto 1 kg	
Fresh/Frozen Veggies- carrots/broccoli/ onions/corn etc.	upto 2 kg	
Dessert- pie/ice cream/ cake	2 units	

